

BlueCross Tennessee – State of Tennessee Employees only

http://www.bcbst.com/members/TN_state/ (Link to site only)

- BMI 40 or greater OR BMI 35-39 with any of the following: coronary artery disease, Type 2 diabetes, obstructive sleep apnea OR three or more of the following cardiac risk factors: hypertension, high density lipoprotein less than 40mg/dL, low density lipoprotein greater than 100mg/dL or impaired glucose tolerance or family history of early cardiovascular disease in 1ST degree relative (MI 50 yrs of age or younger in a male relative or 65 or younger in a female relative)
- History of failure of medical/dietary therapies. This is defined as the inability to lose more than 10% of body weight over a 6-month period and maintain weight loss. This must occur within the two years prior to surgery and documented by the attending physician who does not perform bariatric surgery.
- Diagnosed as morbidly obese for at least 5 years
- Documentation of the medical evaluation for the condition of morbid obesity and/or its co-morbid conditions by a physician other than the operating surgeon and documentation that this evaluation concurs with the recommendation for bariatric surgery.